## The **Arlington Food Assistance Center (AFAC)** provides 2,400 Arlington families and individuals with dignified access to nutritious, supplemental groceries, free of charge.

## Headed to the store to stock up? Please help AFAC support families during this critical time by donating canned and shelf-stable food items.

* + The most needed foods are:
* *\*Low sodium preferred.*
* *\*No glass please!*
	+ Canned Tuna & Chicken
	+ Canned Soups
	+ Canned Vegetables
	+ Canned Tomatoes
	+ Peanut Butter *(in plastic jars)*

Thank you so much for your support!
Learn more at **www.afac.org**