

# JK COMMUNITY FARM

FOOD DONATION, FOOD JUSTICE, FOOD EDUCATION



THE  
JK COMMUNITY  
FARM



JK MOVING  
SERVICES

community outreach



# A B O U T U S



Founded in 2018, the JK Community Farm – a 501(c)(3) started by JK Moving Services– provides children, senior citizens, and families facing food insecurity with fresh, organic fruit, vegetables, and protein.

## 2018 COMMUNITY IMPACT:

The JK Community Farm served 13,000 people facing food insecurity

Hosted over 1,100 volunteers

Donated over 32,000 lbs of chemical-free produce

Donated over 50,000 lbs of protein







2019

**IN 2019 THE JK COMMUNITY FARM IS EXPANDING TO 7 ACRES AND WILL GROW AND DONATE 63,000 LBS OF PRODUCE AND 50,000 LBS OF PROTEIN. WE WILL HOST OVER 1,600 VOLUNTEERS WITH AN EMPHASIS ON FOOD EDUCATION AND CORPORATE SOCIAL RESPONSIBILITY**





## What is **FOOD JUSTICE** ?

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The response to food insecurity and economic pressures that prevent access to healthy, nutritious, and culturally appropriate foods.

## What is **FOOD INSECURITY** ?

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A lack of consistent access to enough food for an active, healthy life.

## Why are they **IMPORTANT** ?

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Today, 40 million people in the US face food insecurity which can impact infant mortality, obesity, mental health, education, dental health, and chronic disease. Consumption of a healthy diet is a priority for reducing chronic diseases including obesity, diabetes, cardiovascular disease, and cancer.



# PRODUCE

The JK Community Farm grows 18 varieties of chemical-free produce including kale, lettuce, Swiss chard, watermelon, bell peppers, jalapeño peppers, poblano peppers, purple beauty peppers, squash, zucchini, broccoli, onions, tomatoes sweet corn, potatoes, winter squash, and sweet potatoes.



# PROTEIN

The JK Community Farm donates 50,000 lbs of beef, pork, and venison annually. All protein is raised naturally, and the beef is grass finished in order to ensure the highest nutritional content.

We also accept donations of cattle from local farmers.

# HOW DO WE GROW OUR PRODUCE?

1

## GREENHOUSE

All of our seeds are started in our new greenhouse!



2

## FIELD

The majority of our crops are grown in our fields.



3

## RAISED BEDS

Raised beds allow for bio-intensive growing.



4

## HIGH TUNNELS

High Tunnels allow for season extension, necessary for providing fresh food through the winter months



# OUR PROGRAMS



FOOD EDUCATION

FIELD TRIPS

CORPORATE TEAM  
BUILDING

VOLUNTEER





# VOLUNTEERING

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Our amazing and generous volunteers play an integral role in the success of the JK Community Farm. In 2019, we will host over 1,600 volunteers who have the opportunity to give back to their community and learn a wide range of gardening skills such as planting, harvesting, weeding, composting and basic construction.

# TEAM BUILDING

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The JK Community Farm is the perfect place to host your corporate team building event and improve your corporate social responsibility. Planting and harvesting are great activities to initiate socializing and for a team to get to know each other better. All projects at the JK Community Farm require team work which allows your employees to better understand each other's strengths, weaknesses, and interests.







# FOOD EDUCATION

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At the JK Community Farm we are passionate about connecting people to their food and the farmers who grow it. We believe it is the foundation for food education, building a lifelong commitment to food justice and empowering healthy eating. The farm provides an environment for hands on experiential and service learning. Food education empowers children and their families to make informed food choices while strengthening nutrition and social impact.

## FIELD TRIPS

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Our farm based field trips come in a variety of structures serving all ages and locales from K to 12, and university students. Students explore subjects such as plant life cycles, edible plant parts, soil, compost, pollination and pest control, the benefits of organic and chemical-free food, and nutrition. They are able to understand the connection between healthy soil, healthy plants, and healthy people. Students gain confidence in making healthy food choices.







## WHY DO WE GROW ORGANIC ?

We believe that everyone has a right to the best!

It is important to us that our community is not ingesting unnecessary and potentially harmful chemicals and preservatives, which is why we promote the consumption of organic and locally grown produce.

We love our land!

Organic farmers plant cover crops that prevent erosion when parcels of land are not in use to improve soil quality, resulting in more nutrient dense food





# HOW CAN YOU HELP?



## VOLUNTEER

We need your help and welcome volunteers of all ages to get involved. Volunteering with the JK Community Farm does not require any previous farming experience.



## DONATE

The JK Community Farm relies on the support of our community to ensure our neighbors in need have access to healthy food.



## PARTNERSHIP

By partnering with the JK Community Farm your company is making a powerful statement of caring support to end food insecurity for our community.



# NON PROFIT PARTNERSHIP ORGANIZATIONS



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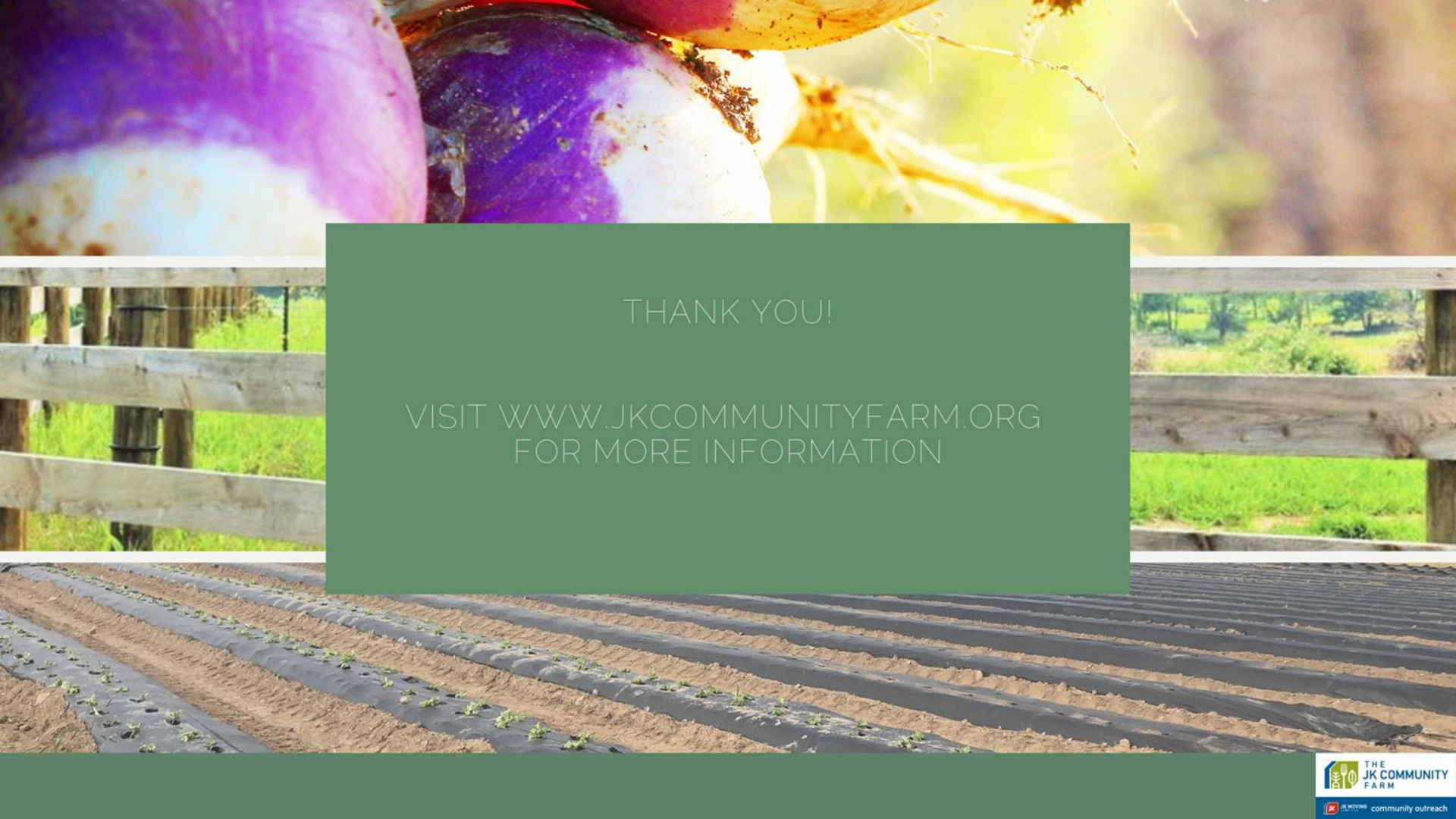
FOOD FOR OTHERS



ARLINGTON FOOD  
ASSISTANCE CENTER



HUNTERS FOR THE  
HUNGRY



THANK YOU!

VISIT [WWW.JKCOMMUNITYFARM.ORG](http://WWW.JKCOMMUNITYFARM.ORG)  
FOR MORE INFORMATION