The ***Arlington Food Assistance Center***
needs your help to collect 100,000 pounds
of heart-healthy foods this month.

Help **“YOUR ORGANIZATION”** feed our
Arlington neighbors in need.

Bring in your food donations to
**“LOCATION”** until **“END DATE.”**



Look for labels that say:
low sodium, no salt added,
no sugar added, or unsweetened.

* + Canned Tuna
	+ Canned Soups
	+ Canned Vegetables
	+ Peanut Butter *(in plastic jars)*
	+ Low Sugar & High Fiber Cereal

*\*No glass*

Thank you so much for your support!
Learn more at **www.afac.org**