



## FY23 Arlington Food Assistance Center (AFAC) Fact Sheet (Data from end of FY22)

### About

- **Mission:** To feed our neighbors in need by providing dignified access to nutritious supplemental groceries.
- Providing weekly groceries free-of-charge allows families to dedicate limited financial resources to other obligations, such as housing, utilities, medication, and other basic needs.
- AFAC is a 501(c)3 nonprofit charitable organization. Tax ID: 54-1473207. CFC #19265. UW #8354. CVC #8004.
- A referral is required to be eligible for our services. Referrals can come from approved partnering agencies, such as the Arlington County Department of Human Services, schools, or other social service organizations.
- According to Capital Area Food Bank's Hunger 2020 Report, 15,870 individuals in Arlington are food insecure (having limited or uncertain access to food, reduced food intake, and disrupted eating patterns). For the first time ever, in 2022 AFAC was sent more referrals than report estimates to even exist in Arlington County.

### Impact: Client Numbers over FY22

- 108,660 total family visits
- 6,954 total families referred (16,917 individuals)
- 5,141 distinct families served (13,905 individuals)
- 4,131 children served (5,707 referred)
- Average 2,500 families served per week
- Average 3,900 distinct families served per month
- Of individuals served: 53.7% female, 32.7% children, 12% senior, 64.7% Hispanic/Latinx, 15.1% Black, 9.4% Asian, 8.2% White, 2.6% Other
- Individuals with disabilities: 8.5% overall; 25% of seniors, 3% of children
- 132 veteran, 11 active military

### Food Distribution

- Instead of pre-packaging groceries for distribution, families select food from our shelves so that they can take home items they know their families will enjoy.
- This choice model has proven to reduce food waste and save expenses, permitting AFAC to serve our community to our capacity, while providing many healthy options.
- AFAC's weekly menu includes fresh fruits and vegetables, chicken, fish, milk, eggs, rice, beans, cereal or oatmeal, canned goods, and bread.
- Over 3 million pounds of groceries are distributed to families in need per year.
- AFAC purchases 60% of the groceries we distribute, at wholesale cost, from both large national distributors and reputable, local, civic-minded suppliers. This is done to ensure groceries distributed are nutritionally balanced, consistent, and handled safely, especially when perishable. The other 40% is donated (partnerships with local grocery chains, gleaning networks, farmers markets, community food drives, corporate/walk-in donations, etc).
- Groceries are distributed at 16 centers in Arlington County: 7 affordable housing communities, 5 senior living facilities, and 4 grocery distribution locations. Falls Church is for Homestretch participants only.
- A home delivery program is offered to those who are high risk and do not have a support system.
- AFAC also supplies food to many partnering agencies to support their meal and snack programs.

### Budget

- **AFAC receives no federal or state funding.** Arlington County provides only 6.8% of what it takes to operate AFAC. The remaining 93.2% comes from private donations: cash and food donated from individuals, foundations, faith groups, local businesses, and peer organizations.
- AFAC has an annual budget of \$8,475,813 for FY23.
  - Cash budget: \$4,190,945 (a \$400,000 increase from last year due to inflation)
  - Donated food value: \$2,685,000
  - Volunteer time: expect 40,000 hours in FY23, valued \$1,600,000 - equivalent of 19 additional full-time staff
- AFAC's overhead rate in FY22 was 14.4%.
- AFAC's FY23 food purchase budget is \$1,300,000.