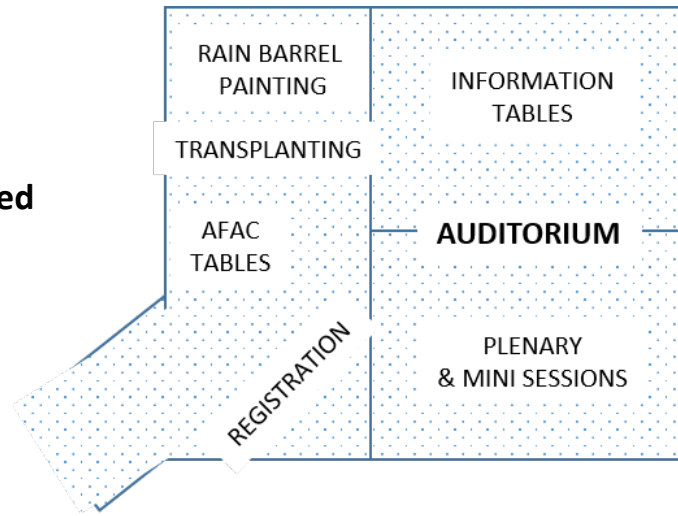




**Welcome to AFAC's 2019
Plot Against Hunger Spring Garden Kickoff
Growing Food for Arlington Neighbors in Need**



10-10:15 – Register, Visit Information Tables, Settle in!

10:15 – 11:30 – Plenary Address in the Auditorium

- Welcome & Announcements** – Becky Halbe
- Comments** – Erik Gutshall, Arlington County Board
- AFAC Plot Against Hunger Program** – Puwen Lee
- JK Community Farm** – “Food Justice, Food Donation, Food Education” – Samantha Kuhn, Executive Director & Mike Smith, Farm Manager

Meeting rooms & the VCE/MGNV tables are in Library Lobby, across from Check-Out Desk

11:45 – 1:30 – Concurrent Presentations and Mini Lessons

Location	Theme	Time	Session Titles & Speakers
Quincy Room	Growing in the City	11:45-12:30	- <i>Applying Permaculture Solutions in Urban Environments</i> (David Sachs)
		12:45-1:30	- <i>Rooftop Condo Garden in Courthouse: An Experiment 5 Floors Up!</i> (Emily Landsman)
			- <i>Balcony Gardening Basics</i> (Sandy Robinson) - <i>Winter Gardening Using Indoor Hydroponics</i> (Greg Rusk, Discovery Elementary)
Glebe Room	Why & How We Grow for AFAC	11:45-12:30	- <i>21st Century Victory Gardener: Growing 1000 lbs. for AFAC each Year</i> (Sue Howell) - <i>Reevesland Learning Center: Growing Food AND Community</i> (Joan Horwitt)
		12:45-1:30	- <i>Clarendon United Methodist Church: 0-365 in Two Seasons</i> (Catie Christiaanese) - <i>Lang Street Community Garden: Pooling our Crops for AFAC</i> (Helen Reinke-Wilt) - <i>Walter Reed Garden: From Empty Lot to Thriving Plot!</i> (Susanna McIlwaine & Catherine Connor)
Auditorium	Mini Lessons on Gardening Practices	12:00-12:15	- <i>Seed Starting & Transplanting</i> (Dave Smith)
		12:15-12:30	- <i>Growing Microgreens</i> (Kathryn Kellam)
		12:45-1:00	- <i>Winter Sowing: growing seeds OUTDOORS for spring starts</i> (J.D.)
		1:00-1:15	- <i>No-till Lasagna Gardening – aka Sheet Mulching</i> (Becky Halbe)
		1:15-1:30	- <i>How to Plant Potatoes</i> (Joan Horwitt)

10:00 – 2:00 – Information Tables in the Auditorium and Auditorium Foyer (Details on Reverse)

11:45 – 2:00 – The Doctor is IN!

Visit the Virginia Cooperative Extension/Master Gardener (VCE/MGNV) tables in the Library Lobby to get advice on growing AFAC's most-wanted vegetables, and how to deal with vegetable pests & diseases.

11:45 – 2:00 – Hands-on Activities

Auditorium Foyer	Rain Barrel Painting	Help us decorate rain barrels for the AFAC Walter Reed garden to use in its drip irrigation system!
	Transplanting	Learn how to transplant cabbage, basil & kale seedlings – bring some home for your garden or leave them for us to grow for AFAC clients & AFAC gardens.
Wilson Room	Children's Corner	Accompany your children to the Wilson room to engage in fun garden-related activities.

10:00 – 2:00 – Information Tables in Auditorium, Auditorium Foyer & Library Lobby

- **AFAC Plot Against Hunger Program** (get free seeds to grow for AFAC / AFAC garden signs / sign up to volunteer as garden volunteers, bamboo harvesters, seedling growers, gleaners, farmers market & CSA drivers, Plot Committee members / purchase Plot Against Hunger T-shirts & repurposed bean bag totes)
- **Arlington Central Library** (gardening classes, tool lending library & garden talks)
- **Arlington Friends of Urban Agriculture** (FOUA, local champion to advance urban agriculture in Arlington)
- **Arlington County Solid Waste** (County programs for wood & leaf mulch, yard waste compost)
- **Bushel Edible Gardens** (a veteran-owned, on-demand foodscaping provider)
- **Edible Landscapes** (mushrooms & honey – edible landscapes design, installation & maintenance)
- **Fresh Impact Farms** (indoor farm growing wildly flavorful rare herbs & edible flowers)
- **Marymount University Arlington - Food for Thought Club** (a student organization dedicated to alleviating food insecurity & promoting sustainable living through urban agriculture)
- **JK Community Farm** (a non-profit farm providing people in need w/fresh, organic fruit, vegetables & protein)
- **Plant NOVA Natives** (native plants are naturally beautiful, low maintenance & good for the earth)
- **VA Cooperative Extension & Master Gardeners of Northern Virginia** *Located in Library Lobby*
- **Winter Sowing** (master gardener display of winter sown containers – some available to take home)

9:30 – 2:00 – Other Things to Do ...

- Auditorium Foyer: • **Volunteering for AFAC:** visit the AFAC tables to discuss how you can contribute to the Plot Against Hunger Program
- Auditorium Stage: • **Book Swap:** exchange gardening books & cookbooks
- Outside Library Entrance: • **Tool Lending Library:** visit with Librarian Karen Smagala at the toolshed to see items available for checking out (*open 9:30-10am & 1:30-2pm / or visit the Arlington Central Library table in the auditorium*)
- **Compost Amendment:** Help yourself to a bag of nitrogen-rich coffee grounds for your compost, located in a wheelbarrow outside the library entrance, near the toolshed!

THANK YOU!

Thank you to Arlington Central Library for hosting this event, Arlington County Office of Virginia Cooperative Extension, Master Gardeners of Northern Virginia, Arlington Friends of Urban Agriculture, and our other community partners for your ongoing support, to Starbucks & Bayou Bakery for spent coffee grounds, and to all farmers & gardeners who support our program, thank you for your dedication.

GROWING FOOD FOR
THE ARLINGTON FOOD ASSISTANCE CENTER (AFAC)
PLANT A SEED FOR THE HUNGRY IN ARLINGTON
2024-2025 www.afac.org/plotagainsthunger

PLOT
AGAINST
HUNGER



INTERESTED IN VOLUNTEERING OR DONATING TO AFAC?

Contact volunteer4afac@afac.org or see www.afac.org

703 (845-8486)

